

Announcing ... A Program that Sparks Creativity and Makes you the Star

Creative Stage Theatre at Dance Expressions Unlimited

Theatre workshops positively impact physical, emotional, social and cognitive development

- **Confidence and self-esteem:** Taking risks and performing encourages trust in ideas and abilities which will positively affect school, career and life.
- **Imagination:** Making creative choices, thinking of new ideas, and interpreting familiar material in new ways.
- **Empathy:** Acting promotes compassion and tolerance for others.
- **Concentration:** Playing, practicing and performing requires focus which will help in school and life.
- **Communication & Trust:** Drama requires verbal and non-verbal expressions to communicate with others which develops trust in self, others, and the process. Acting enhances voice projection, articulation, fluency, and persuasive speech.
- **Problem solving skills:** Communicating the who, what, where, and why to the audience requires a well-thought plan. Improvisation fosters quick thinking which promotes adaptability in life.
- **Cooperation & Collaboration:** Creating the finished product requires working together as a team.
- **Emotional outlet:** Drama allows an expression of a range of emotions. Aggression and tension are explored in a safe, controlled environment reducing antisocial behaviors.
- **Relaxation:** Activities reduce stress by releasing mental, physical and emotional tension.
- **Self-discipline:** Progressing from ideas to action teaches the values of practice and perseverance. Games and movement exercises improve self-control.
- **Physical fitness:** Movement activities improve flexibility, coordination, balance, and control.
- **Memory:** Rehearsing and performing words, action and cues strengthens memory.
- **FUN:** Drama inspires play, humor and laughter which thereby improves motivation and reduces stress.

REGISTER TODAY
Limited Space
available

July 19-23
9am-2pm
Age 8-14
\$200.00

Activities include: acting technique, improvisation games & activities, puppets, mime, vocal instruction, movement, stage combat, performance preparation, audition skills, characterization, scene study

Performance on
Friday July 23rd!

Dance Expressions Unlimited is proud to introduce Rhonda Hawthorne to our Creative Stage! Rhonda graduated with high honors and awards of achievement in Theatre Education after which she continued to study drama at Harvard University and in Costa Rica. She has directed musical theatre for 12 years. Credit highlights include: *West Side Story, Into the Woods, Les Miserables, Annie, A Midsummer Nights' Dream, Romeo & Juliet, You Can't Take it With You, Aladdin, A Christmas Tale, The Wizard of Oz, The Miracle Worker, Noises Off, Little Mermaid, Cinderella, High School Musical, The Princess Bride*, and many more.

CREATIVE STAGE THEATRE 2010 - Dance Expressions Unlimited

Name _____ **Age & Birthdate** _____
Address _____ **Phone** _____

Enclosed is my \$50.00 deposit per camp. I understand that the balance will be charged to the credit card on file on July 1st. I understand that my \$50.00 will be refunded *only* if the camp is canceled, and that I do not receive any tuition adjustments for any absences. Family discounts apply - ask!!!

Name on Card _____
Credit Card # _____ **Exp Date** _____
Signature _____ **CCV2# (last 3 #s on back)** _____
Billing Address _____ **Date** _____
Email Address _____

To Register: Fax this form to 603-434-1353, or Phone 978-649-2022, or mail to DEU, 73 Progress Ave. #1, Tyngsboro, MA 01879

www.DanceExpressionsUnltd.com/schedule_summer.htm - 978-649-2022