

## **GETTING THE MOST FROM DANCE LESSONS** **@ DANCE EXPRESSIONS UNLIMITED**

*The following suggestions will help you get the most from your dance lessons at Dance Expressions Unlimited.*

- Encourage your child to dance at home – both freely and to practice the skills learned in class. Don't force the issue if they don't want to practice actual steps at home. However, you can always encourage dancing in any style - your child will get an appreciation of movement and reap the physical benefits of movement. Students who are able to practice the skills and choreography will be more confident and ultimately enjoy class more.
- Express your pride in your child's achievements, regardless of their level. More importantly, always express your pride in their effort. Remember that no two children learn at the same pace. Although your child may grasp individual skills faster or slower, we are only concerned about the PROGRESS in EACH child in class. Each child needs to concentrate on their improvements, give 110%, and be proud of their achievements.
- Arrive 5 minutes early for class so that the class is ready to begin as scheduled. With younger students, often times, they get apprehensive about entering the dance studio once classes have begun. Unfortunately, once that happens, there is often much anxiety about returning to class. This can lead to undue stress about other extracurricular activities as well.
- Attendance is the key to progression. We understand an occasional illness and vacation, however, missing many classes is ultimately discouraging for the absent student who misses the material, the teacher who needs to repeat the material, and the class who gets bored and/or frustrated repeating the same material.
- Encourage your child to share what she has learned in class. Have him/her teach you the new skills. This shows your involvement in their interests as well as enables him/her to reiterate what has been taught in class.
- Please respect your child's dance teacher. You are welcome to schedule a parent-teacher meeting at any time to discuss your child's progress in class.
- Refrain from negative comments and discussions regarding parents, students, families, policies, procedures, and staff at the dance studio. Please don't gossip as it ultimately has a negative impact on our efforts and poorly influences the productivity all around.
- Register to have all payments done automatically. This saves us countless administrative hours which can then be spent on creating better classes, lessons, and choreography for the students.
- Keep informed of studio events, schedules, and information by checking your files, studio bulletin boards, and email reminders.

*Dance Expressions Unlimited is committed to providing a quality, comprehensive, individualized dance education program for both the recreation dancer and aspiring professional. First and foremost, we strive to impart a love of dance and joy of movement in our students. Classes are disciplined, non-competitive, and nurturing to enhance and encourage progress in EACH student.*