

CREATIVE ARTS PROGRAM CURRICULUM

DANCE

We use the syllabus **Creative Movement Curriculum**© created by Audrey Dascomb, Registered Dance Educator - Director of **Dance Expressions Unlimited**. The published NRDE approved curriculum was developed in 1989 and has been sold to dance studios, daycares, enrichment centers, and public and private schools. The curriculum units include Body Awareness, Locomotion & Axial Movement, Space, Time, and Energy along with unique movement activities and hundreds of musical selections. The curriculum is designed to encourage the whole child paradigm - right and left brain inclusion thinking.



MUSIC

We have an extensive children's educational music collection from Dance Expressions Unlimited in addition to the licensed and parent-recommended **Makin' Music Rockin' Rhythms**® program. **Makin' Music's** 12 CDS have won more awards than any other national music programs. They have won two prestigious Parent's Choice Awards, a NAPPA Parents Award and three Oppenheim Toy Portfolio Gold Audio Awards as well as Best of Philadelphia "Best Children's Music Classes." The music features a mix of folk, pop, original, traditional, and world music.



ART

The art projects presented in the **CREATIVE ARTS PROGRAM (CAP)** are carefully chosen and vary in medium. Typically students will take home a project daily (unless it is a two day project or it needs to dry, etc.). **CAP** projects coordinate with the themes presented in class, just like the music and dance lessons.



Dance Expressions Unlimited's Creative Arts Program

(978) 649-2022

www.DanceExpressionsUnltd.com/cap.htm

**Dance
Music
Art**

**Ages
2-5**



Why choose the Creative Arts Program for your family?

- CAP is much more than a play group as the focus is on individual growth with regard to social, emotional, physical and intellectual development
- CAP is a great precursor to preschool and kindergarten
- CAP incorporates a holistic approach to learning incorporating mind, body and spirit (the whole child paradigm)
- CAP is **4 programs in one** - dance class, music lesson, art lesson and school; CAP uses an NRDE approved dance curriculum, a separate award-winning, parent-recommended licensed music curriculum, and an art syllabus developed by the directors
- CAP is educational and FUN, first and foremost
- CAP builds lasting friendships
- **No risk, one week FREE trial offer!**



Dance Expressions Unlimited

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CREATIVE ARTS PROGRAM

The **CREATIVE ARTS PROGRAM** provides an introduction to dance, creative movement, music, and the arts for youngsters aged 2 to 5. The daily schedule includes a music class, dance class, and an art project. We use the NRDE approved Creative Movement Curriculum developed by Audrey Dascomb RDE – created for dance studios, elementary schools, enrichment centers, and daycares. We also use the licensed, award-winning and parent-recommended Makin' Music Rockin' Rhythms curriculum. We are committed to providing a stimulating, adventurous, unique, and FUN environment to enhance children's social, emotional, physical, and intellectual growth. First and foremost, we offer a fun introduction to dance, music, and the arts that nurtures, enhances, and encourages creativity, imagination, progress and development in EACH child.

The Creative Arts Program is a great precursor to preschool or kindergarten that uses a holistic approach. That is, the curriculum fully engages all aspects of the learner (mind, body, and spirit) which is the whole child paradigm. This synergy arises from the practical and thinking and imagination and feeling components all working in harmony.

WHY CHOOSE CAP AND NOT A PLAYGROUP, DAYCARE OR PRESCHOOL?

Our program is fun, educational, structured and led by teaching professionals with over 26 years combined experience teaching children this age. Our program meets the needs of children between 2 and 5 - socially, emotionally, intellectually, and physically. This program is a terrific introduction to the arts (4 programs in one!) while being a stimulating and nurturing environment for each child. The arts provide numerous benefits for children which will ultimately enhance their academic growth and prepare them for the future (see the flyer - Benefits of Music & Dance). According to *Living the Arts through Language & Learning: A Report on Community-based Youth Organizations*, Shirley Brice Heath, Stanford University and Carnegie Foundation for the Advancement of Teaching, *Americans for the Arts Monograph*, November 1998, young people who participate in the arts are more likely to be recognized for academic achievement, more likely to be elected to class office within their schools, more likely to successfully participate in a math and science fair, and more likely to win awards for attendance and writing contests. An educational component combined with dance, music and art creates independent and balanced individuals.

FAQ's (more questions answered on website)

Do the parents stay with the children for the class?

No, the CAP is a drop off program. Children learn to become independent, participate, share, and create by themselves with guidance from the faculty.

Does my child need to be potty trained?

No. We encourage all potty-trained students to use the facilities and this often motivates others.

What is the student:teacher ratio?

Classes are small to ensure personal attention with 2-3 teachers and a maximum of 14 students per session.

How do I know if my child is ready for CAP?

Children that have successfully been left with babysitters are generally ready. Also, children who are outgoing and used to separating from parents (at the gym, at playgroup, etc.) should be ready. We highly recommend that students be left with a sitter (other than a family member) before enrolling in the program as this is usually the first structured class without a parent. Separation anxiety is common, even with prior babysitting experience. We are adept at welcoming and encouraging the children to participate. If we feel the program won't work for your family, we will let you know.

WHAT PEOPLE ARE SAYING ABOUT CAP

"In this wonderfully developmentally appropriate program, children, above all, have fun! They have fun because they are in a safe and secure environment. They have fun because the innovative curriculum allows children to move, create, explore and experience the world as young children should. Kids have so much fun in the CAP that they absorb new information without even realizing that learning is taking place. The Creative Arts Program has been invaluable to our family, as it helped our son develop and instant enthusiasm for school. The beaming grins that we saw on our child's face every day going to, from or at school should be experienced by all parents. With fondest memories and utmost confidence, I highly recommend the Creative Arts Program to all."

Jill Beguhn - mom and early childhood teacher

"The Creative Arts Program is fantastic. Our son, Evan, is currently enrolled in this program and will complete 2 1/2 years there this Spring! He has experienced and learned so much. In addition to hours of fun and enjoyment, CAP has instilled a joy of learning. It has been a very rewarding program for both parents and child alike. As much as he loves to go play, learn and create with his teachers and friends, we as parents enjoy watching him mature, grow, learn and gain confidence every day. This program has filled our son with joyful memories and our home with lots of beautiful artwork! CAP is a gentle and personalized approach to learning and playing and is phenomenal for easing children into a school routine."

Evan's Parents (Trudi and Paul)

CREATIVE ARTS PROGRAM

WHO Ages 2-5, boys & girls
WHERE Dance Expressions Unlimited
73 Progress Ave.
Tyngsboro, MA 01879
978-649-2022
WHEN Tuesdays & Thursdays
TIME 9:30am-11:30am
TUITION \$175.00/month

CALENDAR

Classes Begin September 13, 2011

Thanksgiving: Nov. 22 & 24, 2011
Christmas: Dec. 20 & 22, 27 & 29, 2011
February: Feb. 21 & 23, 2012
Possible March dates (2) for conference
April: Apr. 17 & 19, 2012
May 8 & 10, 2012 (subject to change)

FACULTY

Audrey Dascomb RDE, Director

Audrey Dascomb RDE, Director of **Dance Expressions Unlimited**, has a Bachelor of Fine Arts Degree in Dance and Arts Management in addition to Teacher Certification, K-12. Audrey is the only **Registered Dance Educator** in MA & NH, one of only 40 worldwide. She is also a licensed Makin' Music Educator.

Audrey Wetterwald, Educator

Mrs. Audrey Wetterwald has a Bachelor of Science Degree in Education, and OFC Certification. She has taught at elementary school, pre-school, and kindergarten levels. She was one of the first Head Start teachers, a Chapter 188 Teacher, a tutor, and a remedial reading teacher. She is also a licensed Makin' Music educator.